

Attention to the parents of brides

We may see the important matter on the parents and their belongings. begetting a girl her growth, look after her carefully after carefully after her maturity she has to be married according to her wishes. These are all the duty of the parents or guidance. It is not easy to do so. A good experience is must. You may ask the opinion of the bride about her marriage and about the bridegroom. First you know your daughter's behavior and her characteristics. So you must search a good bridegroom to your daughter. Suppose of there is any disease in your daughter's bodying first clear the doubts with the consultation of a good doctor. Most probably affects the health when entering into the wedded life. It will affect either in sexual course or delivery time. These problems must be solved before marriage. When the health is in good condition at that time the delivery child would be intelligent and healthy baby.

Somebody may say these fellows say always-negative answer. The defects may be said to the concerned persons only but full fills may be said to other persons. If you say the matter to all, it will affect you. This is the basic action for all activities such as business; eating food, dressing etc. just as the preparation of food. We see the following conditions for preparing the good food.

Purchasing good things (rice, dhol etc) avoiding the unnecessary things. Washed in good water, put into a good vessels boils as its require, adding soft and oil etc for the tongue taste. Sometime it is difficult than making a Rocket. The preparation of food for one time is such difficult, if so, how much care should be taken for

producing the child who lives for 100 years. we have to think about it.

In our country there is a proverb. In all countries there well versed scholars. But in our country there are kings in eating. How is it? Our ancestors have formed the methods of preparing food system in connection with the medical characterization. No one can deny this system of food.

This method is better than the advice of the medical practitioners. In olden days they did many heavy works without the help of machine or engine. They constructed the

very big temple places with the help of arts and crafts. For all these good food, good health and systematic exercise are the basic.

Food was distributed according to the ceremonies and function of the marriage.

The (recalling) invitation to house second time. - A feast. The feast for the parents of both bride and bridegroom. The feast is nutritive food. The digestible food was given. The likable food was given. The likable food the bride and bridegroom.

By eating the food the child would be healthy child. Now a days we have changed the food the child methods and system as per the western country's fashion. The persons who live in the world now unable to work. With the help of the doctor they lead their lives. The doctors give temporary treatment.

In those days the people live healthy and strongly. They need not any medical treatment. So they can do the rare works. Their body just as wall.

“ If there is wall, then only possible to draw a figure”. _

In a modern world the people have spoiled their body as the damaged wall. The doctor who as an artist draw figures on the damaged wall. The figure may evaporate then and there so we have to change our food and food habit's also. control our body and mind. If we follow food habits and good customs we can save 60% of the expenditure. We can develop the skill double time.

We can minimize the expenses and enhance the income. He cannot the burden to his parents and also he is not a problem to government.

If he is not a healthy man he will be a useless fellow to his house and country. He

will be an idle man. He is problem to others. He may give trouble to others and at last he will be destroyed. He will become a thief, a rough, and a cheating fellow. By losing his good hopes he may be changed a terrorist.

Somebody may appear as a strong man but he is a coward in his mind. By his inferior complex he drinks the liquids and frightens the others. We may give advice to him to be happy and to help others. We should give some opportunity to become a good citizen by our control. If he changed a good citizen the ruins and destructions will fall down.