

To bear in mind of bridegroom

Human life is great. That stage is a man's marriage, which is first step. It is necessary to know before putting first step. At first the need of the idea of your father mother and of your expectation. At least that idea should be agreed to that situation. It is better to change if it is not agree. Then you search the bride is good. It is good whether you have to see the bride or your parents to see the bride.if you possible to see about your finance problem or the other matters. Next to do the family matter? It is good to say to your parents all the matter; they can do the arrangement of your marriage and your expectations.

Next now days the youngsters are involved in the bad habits. The parents are knowing or unknowing. If you have bad habits with you it is better to change for good habits. There are many that have connection with otherladies and have the drinking habits. Some persons are not like that. If you have not good health first check up your body and then commence you wedded life. Because the male's

health is necessary for the wedded life. Some persons hide their disease and marriage a girl and they suffer in their life. First they should rectify their defects and then they marry. In this matter I am willing to point out the defects to you.

Today's investigation reports in form that the masculine semen is decreasing.

This result comes under the food habits. It is true. Next in some way the females have more skill than the males. By nature it is formed. The drinkers cannot satisfy their wife's. So not only for you but also to your wife. If she consumes, the delivering child couldn't be strong. If there is no satisfaction with you, your baby also not in clear mood. This is historical truth. Therefore the male person is not able to maintain his family. When there is no chance to maintain the family there is any satisfaction by her husband she has to look other man. For avoiding this the male must check up his body rectify the defects. He is the seed to produce the good heredity for the future generation. I will explain about bride

and bridegroom in another chapter. (Bridegroom must check up his blood and its group)

Attention to the parents of brides

We may see the important matter on the parents and their belongings. begetting a girl her growth, look after her carefully after carefully after her maturity she has to be married according to her wishes. These are all the duty of the parents or guidance. It is not easy to do so. A good experience is must. You may ask the opinion of the bride about her marriage and about the bridegroom. First you know your daughter's behavior and her characteristics. So you must search a good bridegroom to your daughter. Suppose of there is any disease in your daughter's bodying first clear the doubts with the consultation of a good doctor. Most probably affects the health when entering into the wedded life. It will affect either in sexual course or delivery time. These problems must be solved before marriage. When the

health is in good condition at that time the delivery child would be intelligent and healthy baby.

Somebody may say these fellows say always-negative answer. The defects may be said to the concerned persons only but full fills may be said to other persons. If you say the matter to all, it will affect you. This is the basic action for all activities such as business; eating food, dressing etc. just as the preparation of food. We see the following conditions for preparing the good food.

Purchasing good things (rice, dholl etc) avoiding the unnecessary things. Washed in good water, put into a good vessels boils as its require, adding soft and oil etc for the tongue taste. Sometime it is difficult than making a Rocket. The preparation of food for one time is such difficult, if so, how much care should be taken for

producing the child who lives for 100 years. we have to think about it.

In our country there is a proverb. In all countries there well versed scholars. But in our country there are kings in eating. How is it? Our ancestors have formed the methods of preparing food system in

connection with the medical characterization. No one can deny this system of food.

This method is better than the advice of the medical practitioners. In olden days they did many heavy works without the help of machine or engine. They constructed the very big temple places with the help of arts and crafts. For all these good food, good health and systematic exercise are the basic.